

Table 20. Weight and tube feeding

				Intervention group				Control group				Comparison between groups	
Study	Measure	Timing of measurement	Comparison	N	Baseline N(%)	Follow-up N(%)	Absolute difference %	N	Baseline N(%)	Follow-up N(%)	Absolute difference %	Change %	CR
Petersson, 2023	Aspiration pneumonia (yes)	Baseline (6–36 months after completion of (chemo)radiotherapy)- 12 months follow-up	Exercise vs. usual care	25 (baseline)/19 (follow-up)	3 (12)	1 (5)	7%	27(baseline)/24 (follow-up)	1 (4)	0 (0)	1%	6%	NO
	Under weight (< 18.5)	Baseline - 12 months follow-up	Exercise vs. usual care	25 (baseline)/19 (follow-up)	4 (16)	1 (5)	11%	27(baseline)/24 (follow-up)	3 (11)	4 (17)	6%	5%	No
	Normal weight (18.5–24.9)	Baseline - 12 months follow-up	Exercise vs. usual care	25 (baseline)/19 (follow-up)	18 (72)	11 (58)	14%	27(baseline)/24 (follow-up)	17 (63)	12 (50)	13%	1%	No
	Over weight (> 25)	Baseline - 12 months follow-up	Exercise vs. usual care	25 (baseline)/19 (follow-up)	3 (12)	7 (37)	5%	27(baseline)/24 (follow-up)	7 (26)	8 (33)	-7%	-12%	Yes
	Feeding tube use	Baseline - 12 months follow-up	Exercise vs. usual care	25 (baseline)/19 (follow-up)	1 (4)	2 (11)	7%	27(baseline)/24 (follow-up)	4 (15)	1 (4)	11%	-3%	No

AD, absolute difference; CR, clinically relevant; HADS, Hospital Anxiety and Depression Scale; MD, mean difference; N, number of patients; nr, not reported; SD, standard deviation