

**Table 3: overview of the intervention components included in the multiple component and multifactorial interventions studied in the included trials**

	Exercise	Medication interventions	Vitamin D supplementation	Environment	Assistive technology	Psychological interventions	Staff education	Patient education	Fall risk assessment	other
Aizen (2015)				x	x		x	x		Care plan
Barker (2016)				x	x		x		x	Toileting Regimen
Cumming (2008)	x	x		x	x		x	x	x	Increased supervision  Liaison with staff about confusion and foot problems
Di Gennaro (2024)		x		x	x				x	Systematic communication with patients family members/ care givers
Haines (2004)	x			x	x			x		
Healey (2004)	x	x		x	x					Assessment of eye sight (referral to ophthalmologist)  Lying and standing blood pressure  Ward urine test  Footwear safety
Hill (2015)							x	x		