

Description of studies

<i>Study (year)</i> Study type	Intervention (26)	Characteristics	Control (26)	Characteristics	Outcomes of interest reported	FU	RoB	Considerations
Reinstein, 2024	Barefoot walking	<u>Age</u> : mean 48 (range 31-67) <u>%female</u> : 76.9% <u>VAS (0-10)</u> : 6.8 (2)	Shod walking	<u>Age</u> : mean 55 (range 30-69) <u>%female</u> : 73.1% <u>VAS (0-10)</u> : 6.6 (1.9)	Pain	Post intervention and 4 weeks	Some concerns	-
Abbreviations: FFI: Foot Function Index, NR: Not reported, SD: standard deviation, VAS: visual analogue scale for pain (first step in the morning)								