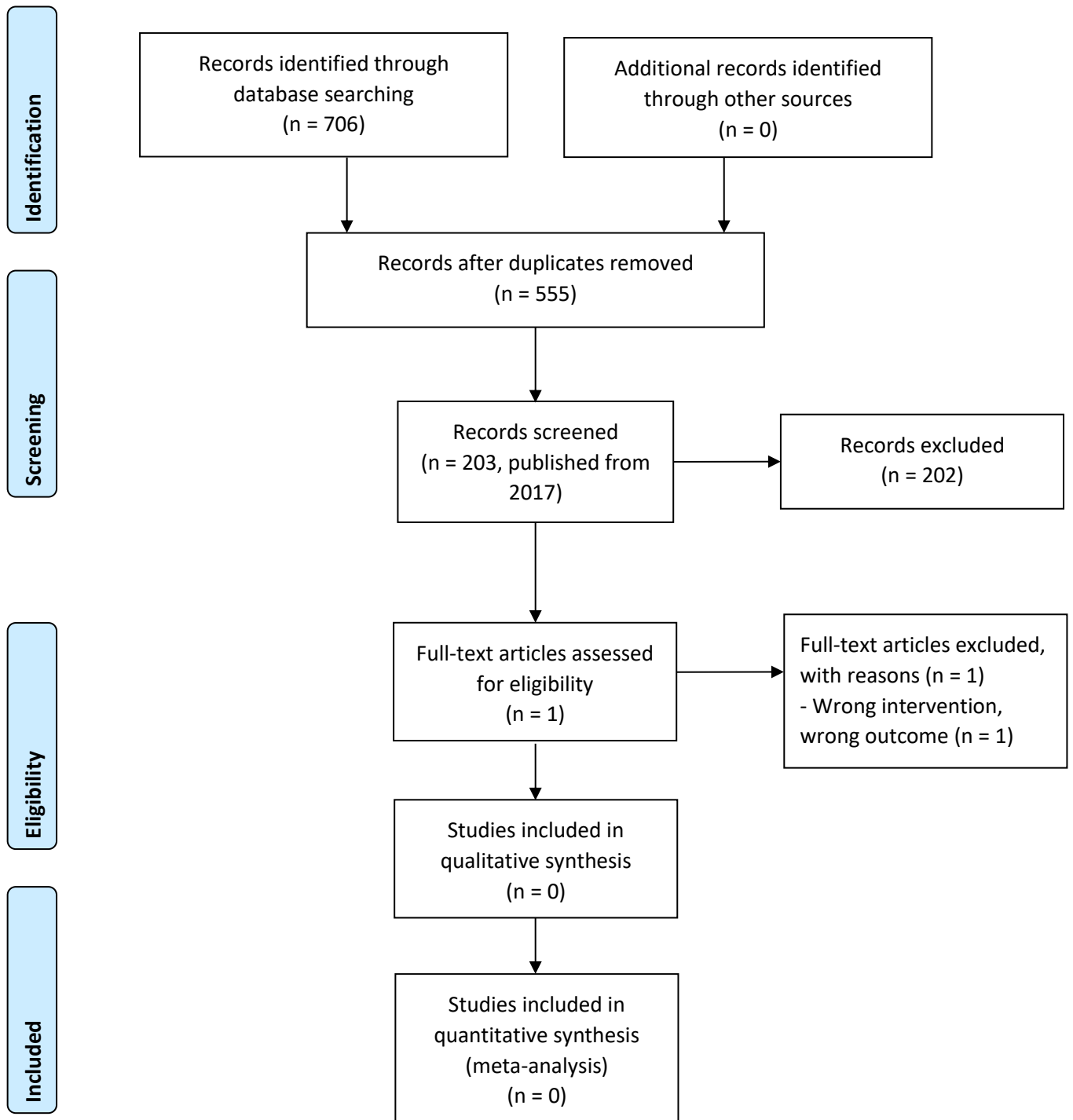
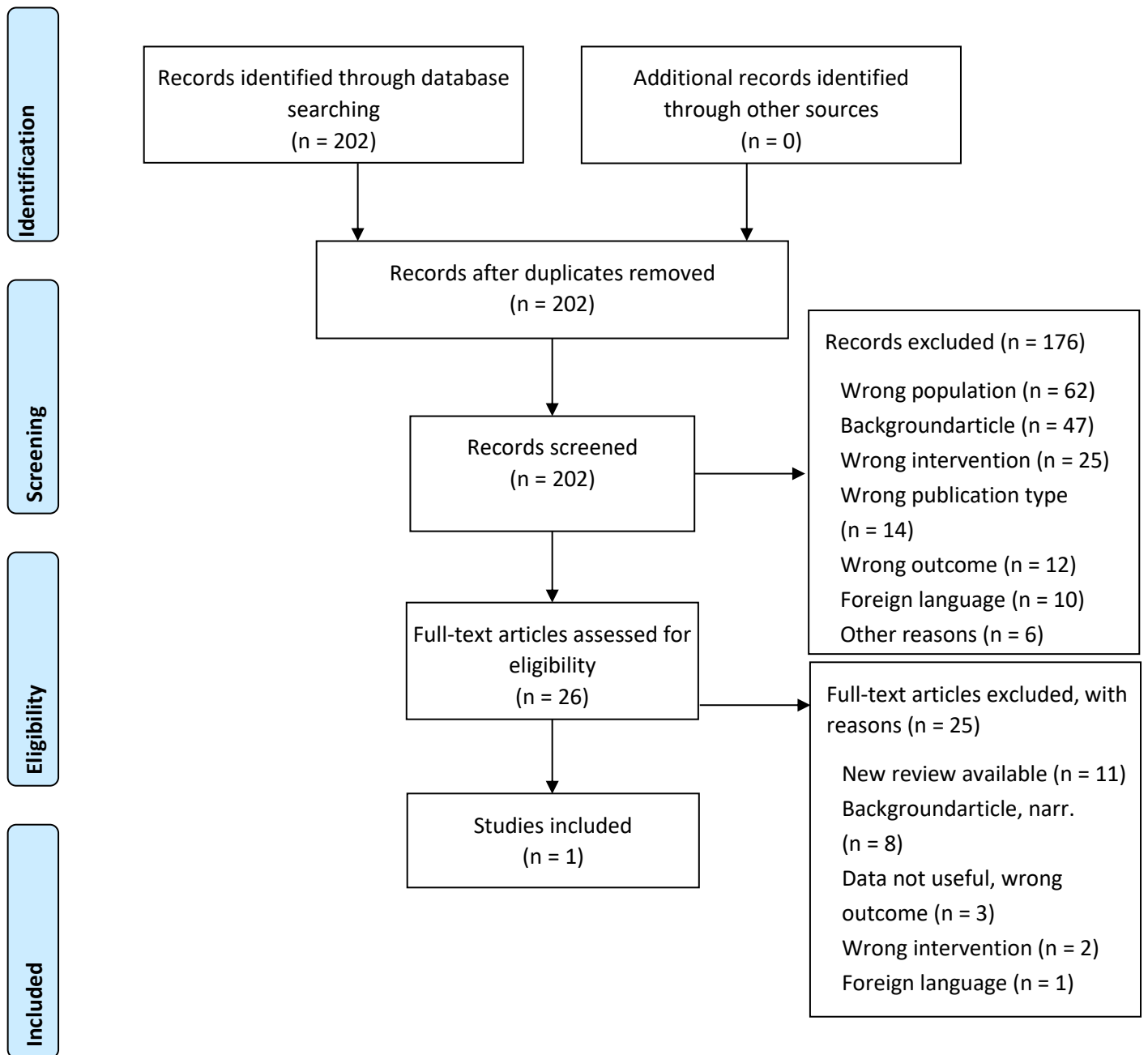


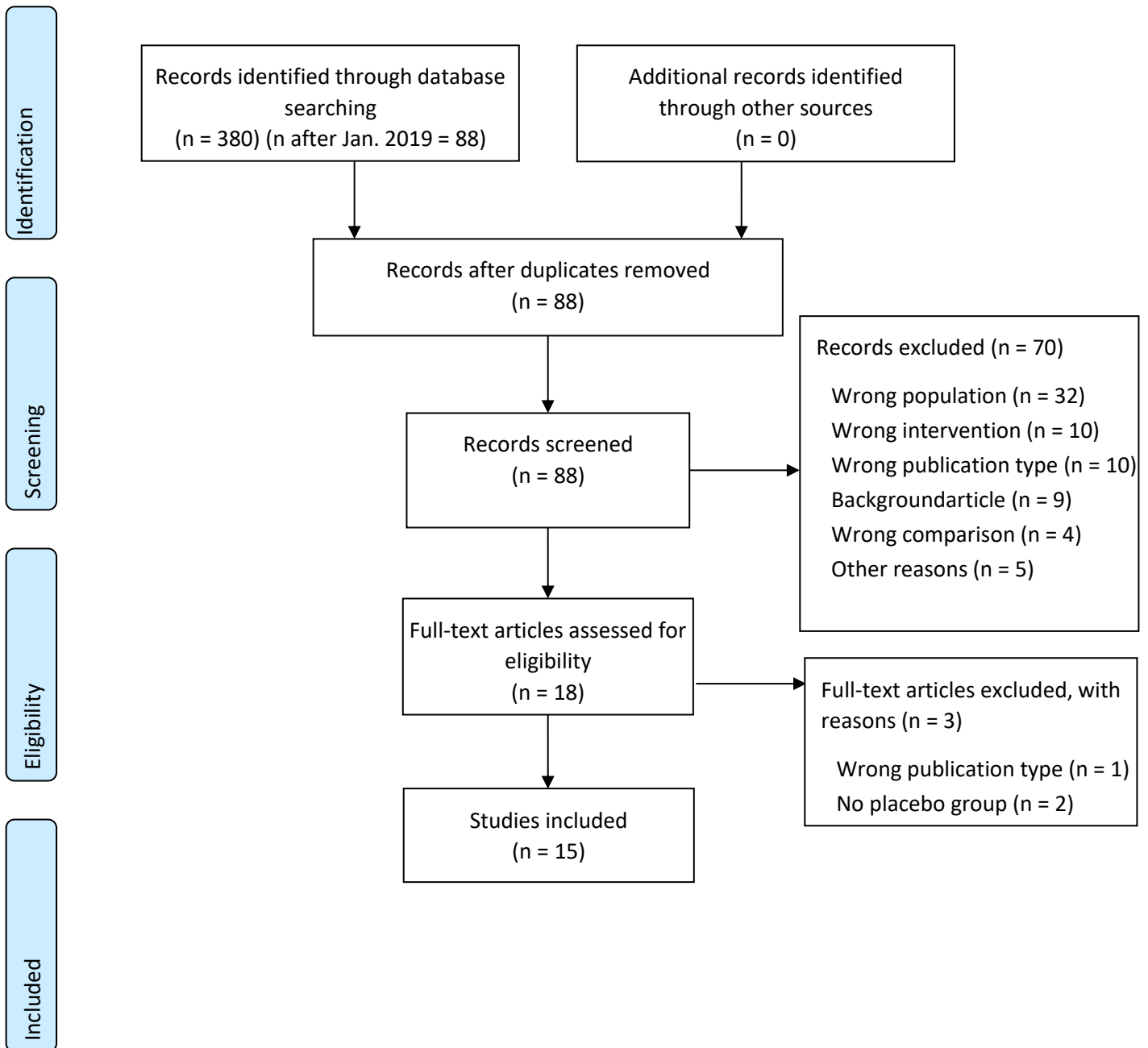
PRISMA flowchart – Diet – Psyllium fibre (RCT's)



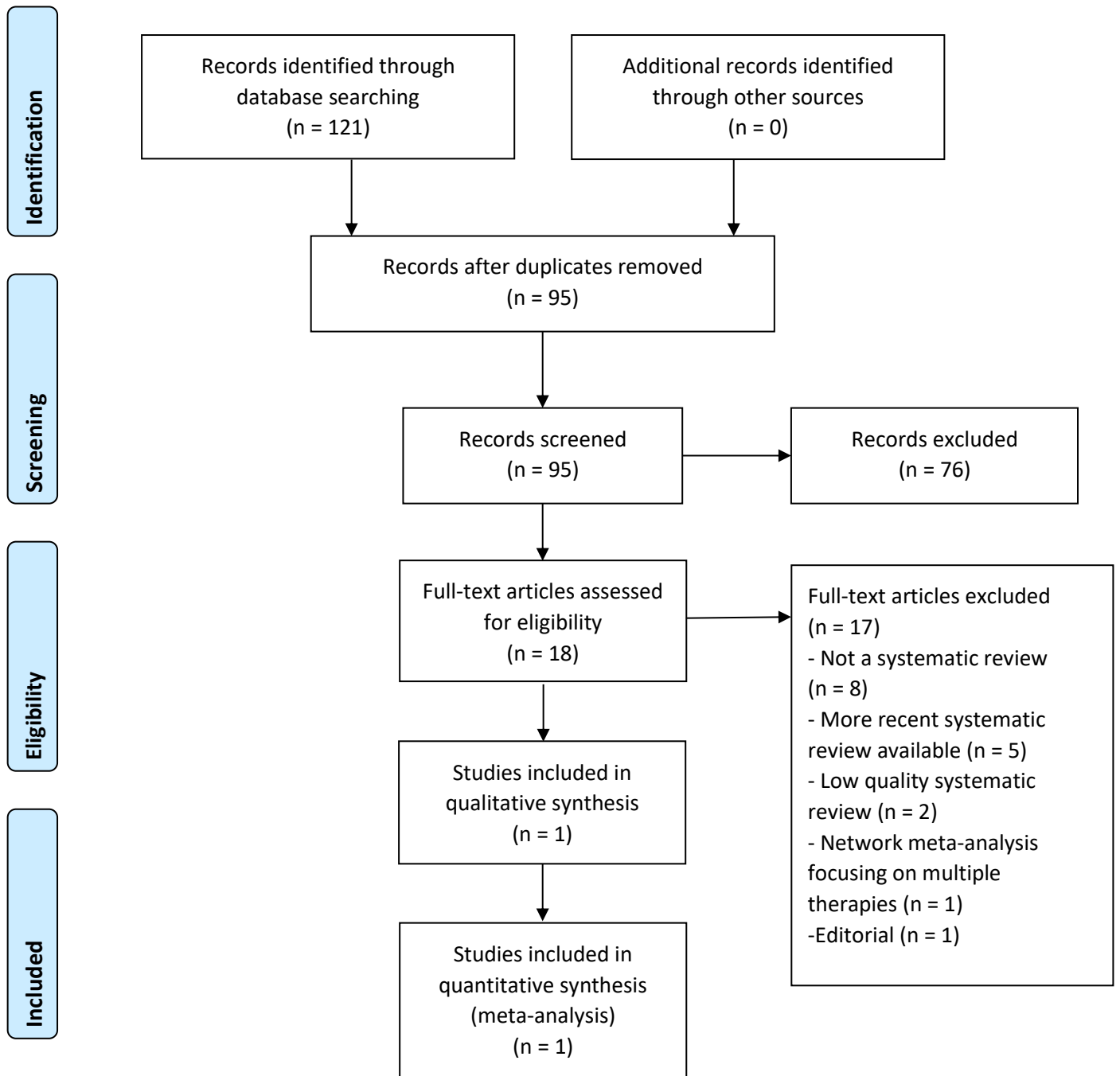
PRISMA Flowchart – Probiotics (systematic reviews)



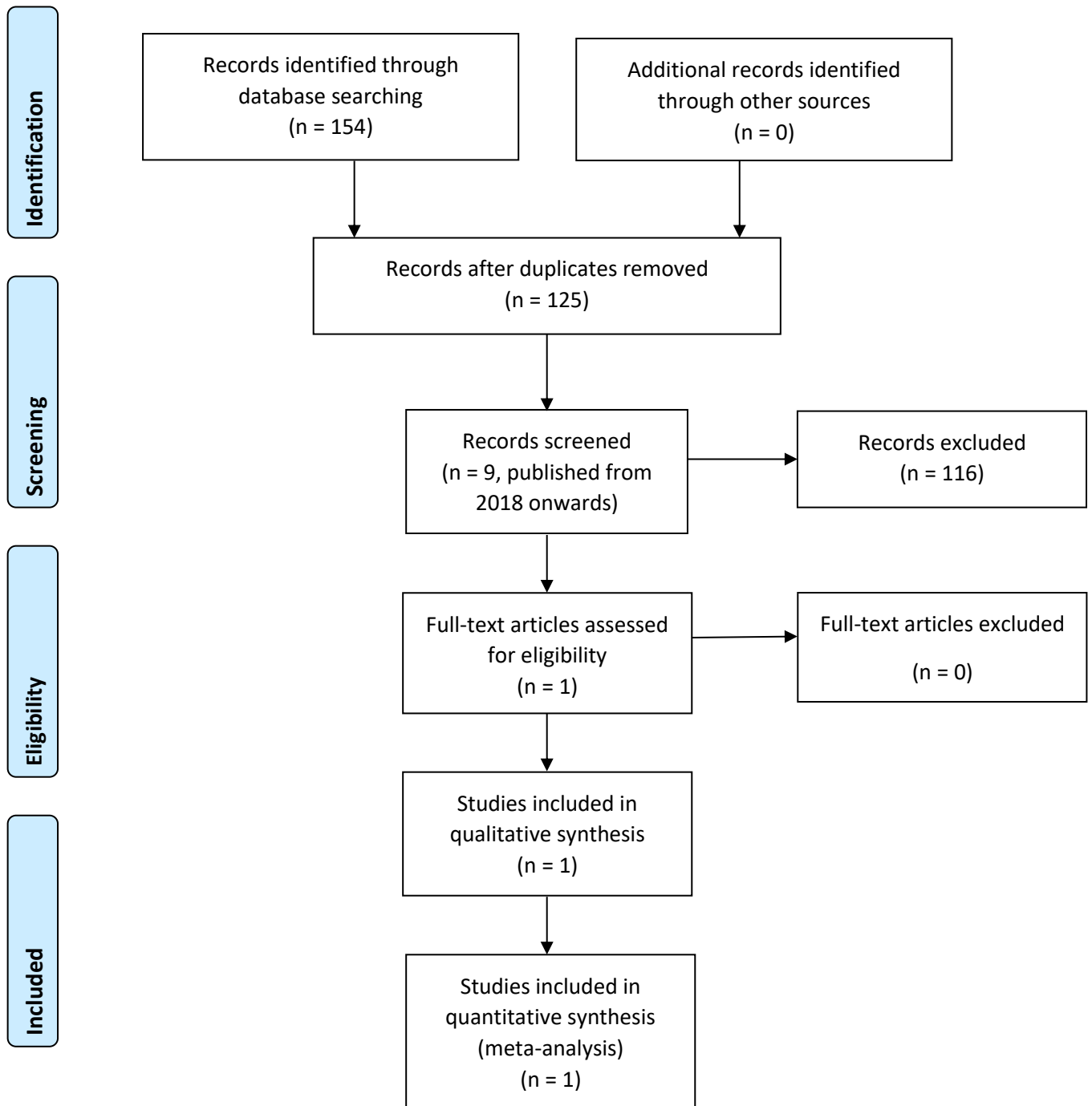
PRISMA Flowchart – Probiotics (RCT's, published after January 2019)



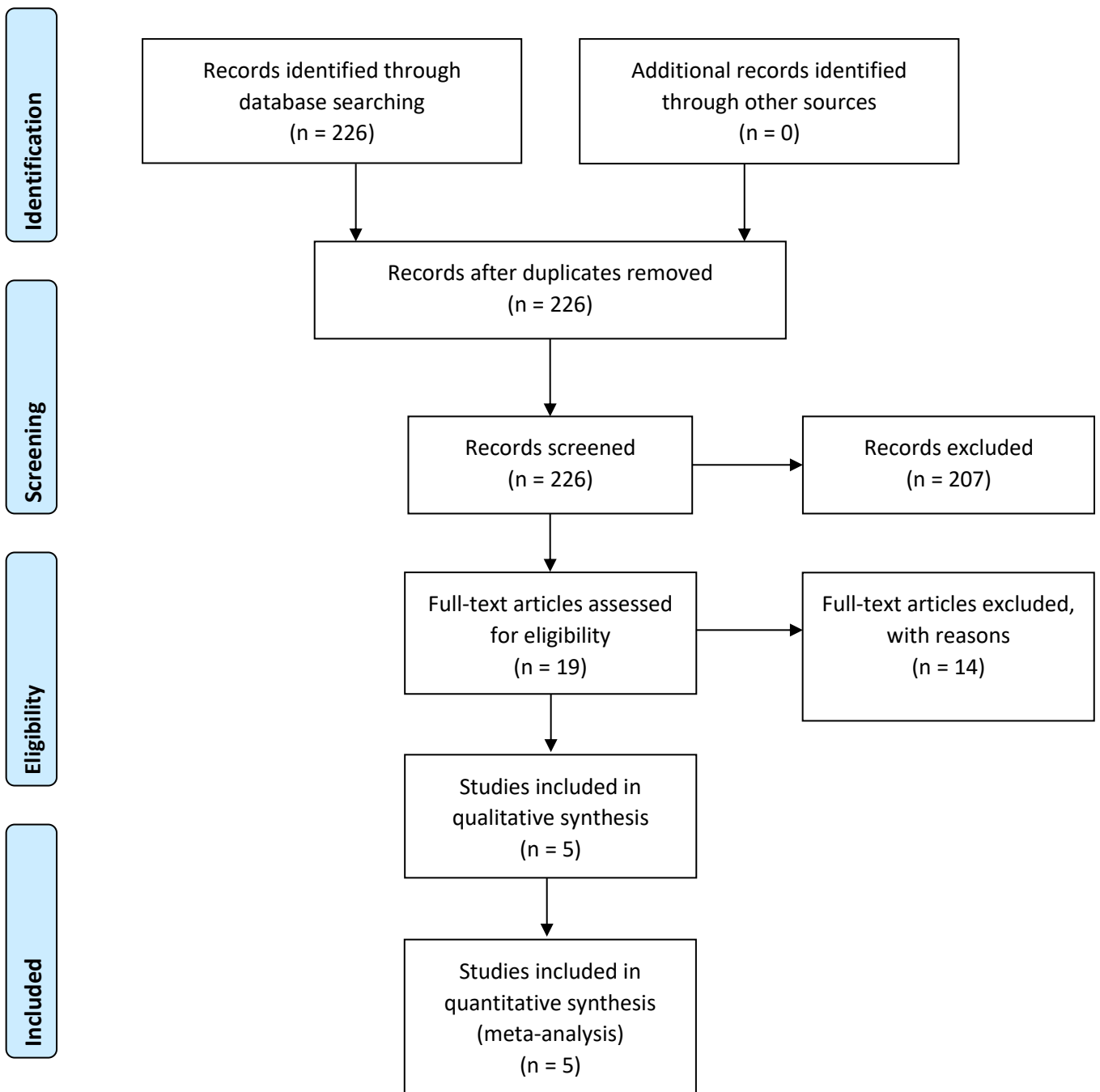
PRISMA flowchart– Peppermint oil – Systematic reviews



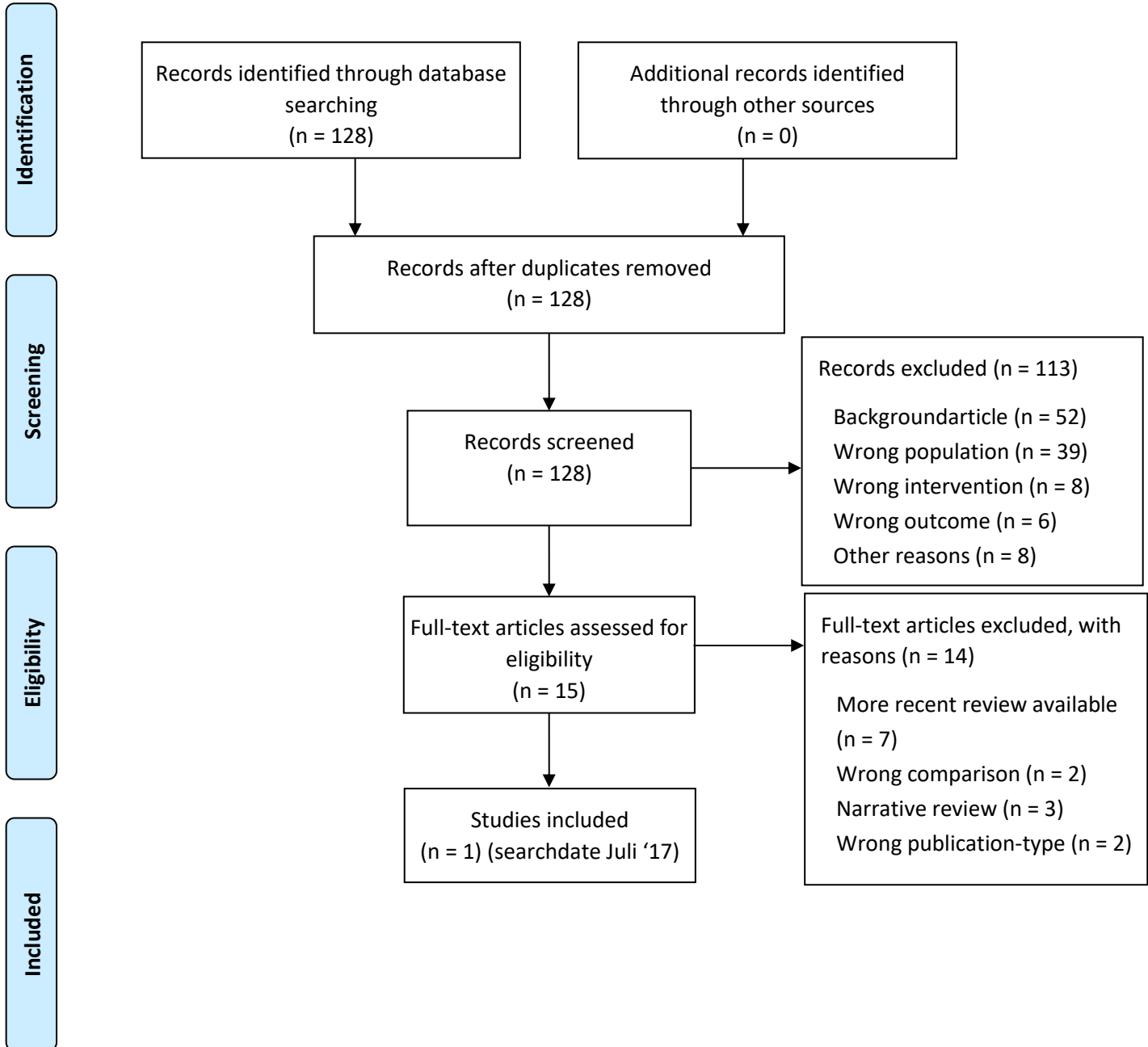
PRISMA flowchart– Peppermint oil – RCT's



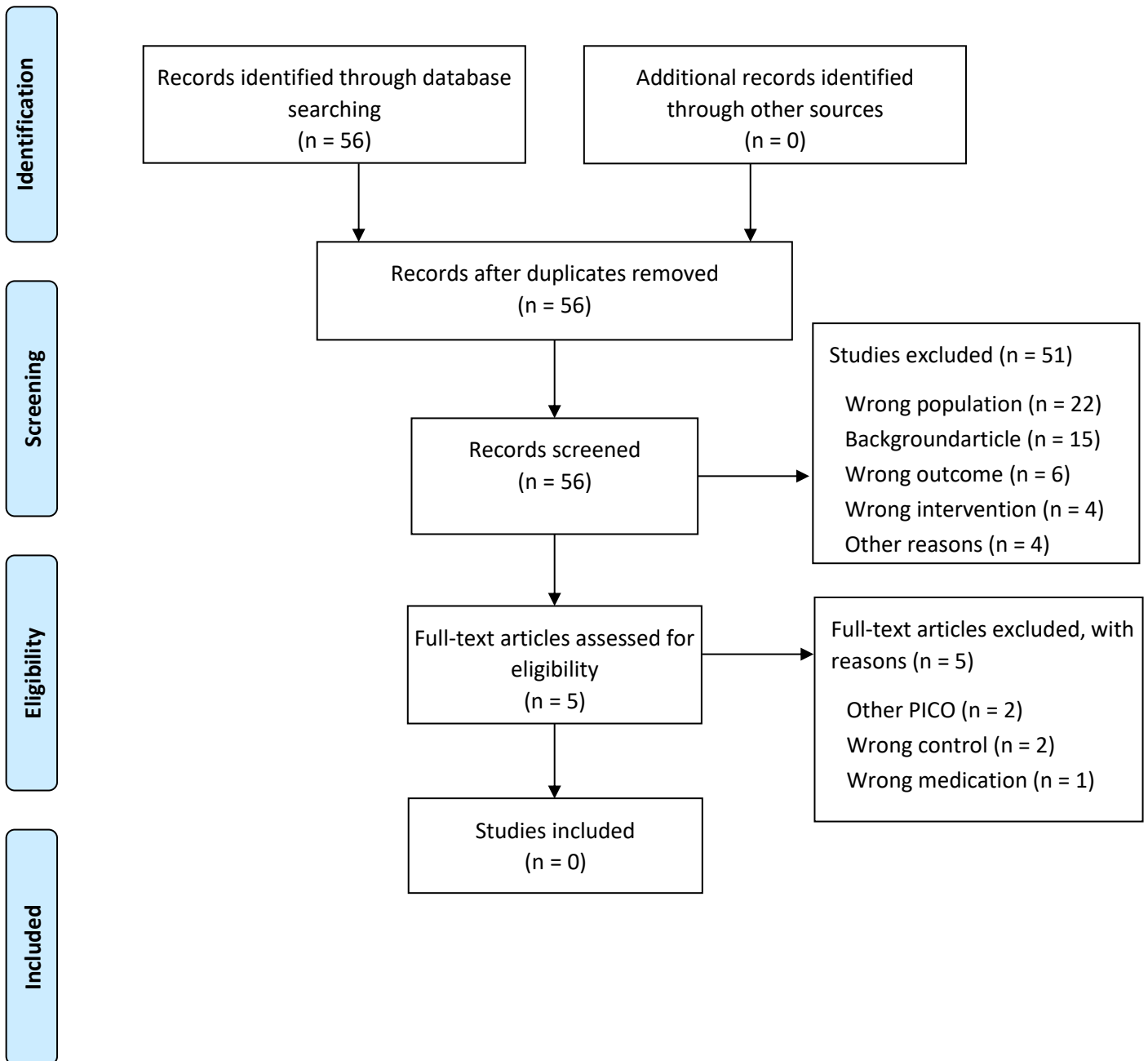
PRISMA flowchart – Linaclotide



PRISMA flowchart – Antidepressants (systematic reviews)

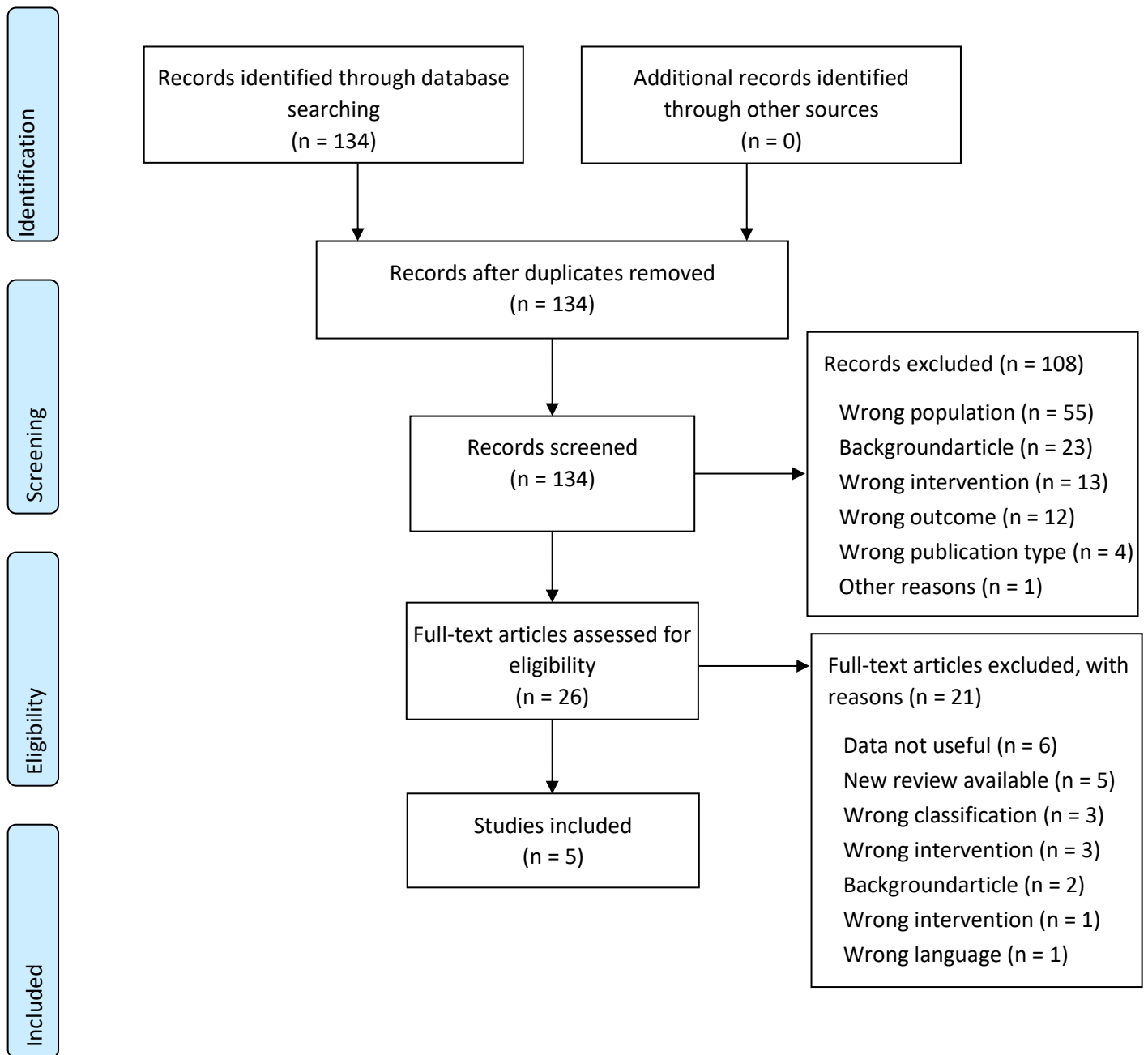


PRISMA flowchart – Antidepressants (RCT's and other studies, published after January 2017)





PRISMA Flowchart – Psychological therapies (systematic reviews)



PRISMA Flowchart – Psychological therapies (RCT's, published after January 2017)

