

Item	(Ruers T.J.M. et al., 2009)
The study addresses an appropriate and clearly focused question	<b>yes</b>
The assignment of subjects to treatment groups is randomized	<b>yes</b>
An adequate concealment method is used	<b>yes</b>
Subjects are kept blind about treatment allocation	<b>no</b>
Outcome assessors are kept blind about treatment allocation	<b>no</b>
The treatment and control groups are similar at the start of the trial	<b>yes</b>
Are there significant differences that can affect the outcome?	<b>no</b>
All relevant outcomes are measured in a standard, valid and reliable way	<b>yes</b>
<b>Are the results of the study: valid?</b>	<b>yes</b>
<b>Are the results of the study: applicable to the patient group targeted in the search question?</b>	<b>yes</b>